



“Partners in Care” Conference 2017

**Jointly Provided by:
Hospice & Palliative Care Association of AR
University of Arkansas for Medical Sciences
Central Arkansas Veterans Healthcare System**

**Pre-Conference October 18
Conference October 19 & 20
Embassy Suites Hotel - Little Rock**



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Hotel Reservations

Embassy Suites Hotel located at 11301 Financial Centre Parkway, Little Rock, AR 72211 is offering a conference single room rate of \$129/night when referencing "Hospice & Palliative Care Conference" or code HPC. **This room rate is only available until September 17 - call 501-312-9000 or access the HPCAA website/education page for a link to our online registration page.**

Reservations can always be cancelled (follow hotel guidelines); don't wait and miss the special conference rate.

Assistance

Special Needs: We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid or service as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by September 1, 2016.

Education Materials/Handouts

Handouts submitted by presenters will be made available to attendees for printing no later than October 6, 2017. Handouts will not be distributed at the conference; they will be available through the conference mobile app!

Exhibitors

A variety of up-to-date products and services will be on display by exhibitors. We will also have vendor booths with products for sale (purses, jewelry, etc.). Exhibitors are accessible on Thursday and Friday from 8:00 a.m. - 3:45 p.m. Don't miss out on the great products and service they are sharing. Remember, they support our conference and HPCAA by exhibiting!

HPCAA Cancellation/Substitution Policy

Substitutions are permitted and should be reported to HPCAA prior to the conference if possible or during registration if not known in advance. **Refunds will not be issued for cancellations or failure to attend.**

Photos

Registration implies consent for HPCAA, UAMS and/or CAVHS to use photos taken of attendees during the conference on their websites, social media sites/posts, newsletters, etc.

Conference Mobile App!

We will again feature a mobile application that attendees may download prior to the conference to access program schedule, presenter information and handouts, exhibitor information, and much more!!

Social Media!

Please "like" the HPCAA Instagram and Facebook pages! During the event we will post pictures and you can too! Use hashtag **#PIC2017**!! Watch for photo opportunities with the "I Care... So I Partner" posters!

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2017 Partners in Care

Continuing Education Credits

Purpose

To share evidence based information in pain & symptom management and end of life care, along with communication tools to better care for patients with serious illness. At the conclusion of this activity, the participant will be able to:

Manage the physical, psychological, and social causes of distress in life limited patients and their families.

Distinguish the difference between palliative care & hospice and recognize the appropriate timing of each in the medical care of a patient with serious illness.

Develop strategies for implementing a palliative care program

Develop practical strategies for introducing discussions of a patient's end of life care plan.

Develop practical techniques to improve advance care planning.

Cultivate approaches to working with diverse patient populations with different diseases in various settings.

Recognize signs of burnout and unhealthy professional behavior.

Develop strategies for mindfulness and self-care

Target Audience

Physicians, Physician Assistants, Pharmacists, Nurse Practitioners, Nurses, Nursing Home Administrators, Social Workers, Chaplains and other healthcare professionals interested in hospice, palliative care and/or issues related to serious illness.

Accreditation Council for Continuing Medical Education (ACCME)

For Jointly Provided Activities: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Arkansas for Medical Sciences (UAMS) College of Medicine and Hospice and Palliative Care Association of Arkansas and Central Arkansas Veterans Healthcare System. The UAMS Office of Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

AMA Designation Statement

The UAMS College of Medicine designates this live activity for a maximum of **19.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all directly or jointly provided educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interests as well as the nature of the relationship. Financial relationships of the individual's spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. Individuals who refuse to disclose will be disqualified from participating in the development, management, presentation, or evaluation of the CME activity.

State Board of Pharmacy Continuing Education Hours

Pending approval - check website for updates (www.hpcaa.org)

Continuing Nurse Education (CNE) 19.9 maximum

6.5 October 18 / **6.6** October 19 / **6.8** October 20

Central Arkansas Veterans Healthcare System is an approved provider of continuing nursing education by Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's commission on Accreditation. Approved Provider #: AR618-7

Nursing Home Administrator / ADHS Division of Medical Services Office of Long Term Care

Pending approval - check website for updates (www.hpcaa.org)

Social Work

The Arkansas Social Work Licensing Board does not pre-approve social work continuing education. It is the licensee's responsibility, using his/her professional judgment, to determine the workshops that are applicable and appropriate to his/her professional development as a social worker. Visit the Arkansas Social Work Licensing Board website for more information.



Faculty

Ayman Abdel-Halim, MD
Palliative Care Attending
Central Arkansas Veterans Healthcare System

Justin Baker, MD,FAAP, FAAHPM
Director of Quality of Life & Palliative Care
St. Jude Children's Hospital

Brian Bell, MD
Chief Medical Officer & Vice President
Arkansas Hospice, Inc.

Timothy Boling, PhD
Staff Psychologist
Central Arkansas Veterans Health Care System

Simone Brock, MA, MEd, CFSP
Bereavement Specialist
Arkansas Hospice, Inc.

Theresa Brown, PhD, BSN, RN, CHPN
Staff Nurse
Home Hospice
Author & National Speaker

Melody Cunningham, MD, FAAHPM
Medical Director & Fellowship Director
Hospice & Palliative Medicine
University of TN College of Medicine

Kimberly Curseen, MD
Director Supportive/Palliative Care Outpatient Services
Emory Healthcare

Liz Davis, RNP
Program Manager, Health Facility Services
Arkansas Department of Health

Melinda Gaboury, BBA
Chief Executive Officer
Healthcare Provider Solutions, Inc.

Megan Gunnell, LMSW
Psychotherapist, Author, Speaker

Sarah E. Harrington, MD
Assistant Professor of Medicine
Division Director, UAMS Palliative Care Program
UAMS College of Medicine
Chief, Palliative Care Central Arkansas Veterans Healthcare System

Mark Heiland, PhD
Clinical Psychologist
Central Arkansas Veterans Healthcare System

James Henrich, Th.M.
Staff Chaplain
Arkansas Children's Hospital

Jennifer Kennedy, MA, BSN, CHC, LNC
Regulatory & Compliance Director
National Hospice & Palliative Care Organization

Joni King
Senior Vice President
PRIDE Philanthropy

Juan Lombeida, MD
Supporting Care Physician
Highlands Oncology Group

Colleen McGreevy, BS
Owner
CMC Health Partners, LLC

Sara Peeples, MD
Assistant Professor
Medical Co-Director - NICU
UAMS

E. Ryan Pritchard, PharmD
Assistant Professor
UAMS College of Medicine

Elise Siegler, CVM
President
Alzheimer's Arkansas

Clark Smith, MD
Assistant Professor of Medicine
UAMS Palliative Care Program
UAMS College of Medicine

Michael Thames, PharmD
Director of Pharmacy
Peachtree Hospice

Kimberly Worlow, CPC, ELI-MP
Leadership Development Coach & Trainer
InspireMe

Neal Wyatt, DO
Physician, Support Care Services
Arkansas Palliative Care / Unity Health

HPCAA Education/Planning Committee
Lisa Vaden, HPCAA Executive Director
Sarah E. Harrington, MD
Diane Morgan, MSN, BSN, APN, GCNS-BC, ACHPN
Kay Kirk, RN, BSN, CHPN
Deanna May, RN, CHPN



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Wednesday, October 18
Preconference Day

This preconference Palliative Care day will educate on difficult advance care planning, family and patient discussions and techniques to utilize when caring and advocating for those with serious illness.
A large portion of the day will include ethical considerations.

Target Audience: Physicians, Physician Assistants, Pharmacists, Nurse Practitioners, Nursing Home Administrators, Nurses, Case Managers/Coordinators, Social Workers, Clergy, Community Health Workers, Patient Navigators, and healthcare Volunteers working with the seriously ill.

8:30 a.m.

Lisa Vaden, HPCAA Executive Director - Welcome and Overview

8:40 a.m. - 12:00 p.m.

Justin Baker, MD & Melody Cunningham, MD - "Advance Care Planning and Ethical Decision Making: Communication is Key": These physicians will present a didactic overview of advance care planning in pediatric patients with life-threatening illnesses. This will utilize a challenging case with multi-faceted ethical issues to engage the audience in dialogue and discussion. There will also be case discussions of patients with advancing illness and the presenters will walk through the process of difficult decision-making utilizing the SPIKES model and then role play with the audience to reinforce the communication strategies and techniques. There will be ongoing opportunity for questions and answers as well as presentation of audience complex cases for discussion and brainstorming.

12:00 - 1:00 p.m.

Lunch provided

1:00 p.m. - 4:30 p.m.

Sarah Beth Harrington, MD & Neal Wyatt, DO - "Adult Palliative Care": These physicians will discuss palliative care in the care of adults with serious illness. They will discuss communication techniques for family meetings and goals of care conversations. Interactive case presentations will be used to teach ethical principles in difficult decisions. This session will end with a discussion of palliative care practice in academic vs community settings with time for audience questions dealing with a wide range of practical topics.

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Thursday, October 19
Plenary & Concurrent Sessions

Plenary Session 8:00 a.m.

Lisa Vaden, HPCAA Executive Director - Welcome and Conference Overview

Plenary Session 8:10 - 9:10 a.m.

Kimberly Curseen, MD - "Medical Marijuana Clinical Update": Dr. Curseen will review the recent updates on literature and assess knowledge of audience. She will discuss the pathophysiology of marijuana and why it may be effective in patients. Curseen will also discuss side effects of the medication and how to do informed consent.

Plenary Session 9:10 - 9:20 a.m.

HPCAA *Heart Awards* Presentation

Plenary Session 9:30 - 11:00 a.m.

Megan Gunnell, LMSW - "Body, Mind & Soul Restoration: Self-Care for the Caregiver": Ms. Gunnell will review key elements of the stress response, fight or flight, psychological, emotional and physical symptoms of stress, impact of burnout on personal and professional life. She will review key strategies for relaxation techniques, mindfulness practices and how to implement. Gunnell will also review the 5 pillars of self-care and more.

Plenary Session 11:00 - 12:00 p.m.

Kimberly Curseen, MD - "Managing Your Own Implicit Bias in Palliative Care": Dr. Curseen will review literature concerning implicit bias and explore why implicit bias exist . She will share the framework to manage implicit bias.

Concurrent Session 1:00 - 2:00 p.m.

Elise Siegler, CVM - "CareLink & Family Assistant Grants": Ms. Siegler will give an overview of Alzheimer's Disease and share resources available through Alzheimer's Arkansas, and other organizations in the state.

Ayman Abdel-Halim, MD & Mark Heiland, PhD - "CAM Therapies in Palliative Care": The doctors will review evidence-based CAM therapies and their use in palliative care. They will demonstrate chair yoga and mindfulness meditation.

Joni King - "Memorial Giving and Grateful Families": Ms. King will review the trends of memorial giving, and how to recognize giving. She will also discuss approaching families. Finally King will describe ways to turn memorials into donors.

Concurrent Sessions 2:15 - 3:15 p.m.

Kimberly Worlow, CPC, ELI-MP - "One Thing that Changes Everything in Leadership": Ms. Worlow will review strategies driving leadership performance, discuss the most common challenges and strategies to improve leadership performance.

Brian Bell, MD - "Palliative Sedation": Dr. Bell will define Palliative Sedation(PS) and alternate terms so the learner can better understand PS. He will discuss common ethical problems surrounding PS from both a legal and ethical standpoint. Bell will also discuss when PS is needed and how to make sure you document the need.

Melinda Gaboury - "The Future Unfolding": Ms. Gaboury will review Notice of Election details, steps for dealing with ADR Reviews, Internal Quality Audits, and HIS Necessity. She will also review multiple components of hospice payment reform.

Concurrent Session 3:45 - 4:45 p.m.

James Henrich, Th.M. - "Working with Families Who Hope for a Miracle": Mr. Henrich will describe the issue, belief in miracles components and eight ways to work with families who hope for a miracle.

Kimberly Curseen, MD - "Total Pain": Dr. Curseen will review total pain, spiritual pain, social pain, and psychosocial pain as concepts as well as the integrative medicine role in pain management.

Liz Davis, RNP - "Partnership in Survey's": Mrs. Davis will review the Arkansas Department of Health survey process, emergency planning and resources, and hold round table discussions on the survey process.

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Friday, October 14 **Plenary & Concurrent Sessions**

Plenary Session 8:00 a.m.

Lisa Vaden, HPCAA Executive Director - Welcome and Conference Overview

Plenary Session 8:10 - 9:45 a.m.

Theresa Brown, PhD, BSN, RN, CHPN - "Only Connection: How Patient's Stories are Integral to Care":

Dr. Brown will introduce the idea that all patients have two stories: personal and clinical and review a case study. She will further clarify with discussion of narrative forms and that illness narratives tend to always be non-linear so clinicians must connect the dots.

Plenary Session 9:55 - 11:00 a.m.

Colleen McGreevy, BS - "The Hospice Solution: How the MC Hospice Benefit Improves Outcomes in

Other Sectors of the Health Care Industry": Ms. McGreevy will review the history of outcomes reporting through the Medicare "compare" websites and Hospice Compare outcomes. She will analyze key outcomes for hospitals, nursing homes and home health providers. Finally McGreevy will share tools for tracking and selling outcomes.

Plenary Session 11:00 - 12:00 p.m.

Jennifer Kennedy, MA, BSN, CHC, LNC - "Regulatory Update": Mrs. Kennedy will review the current hospice pertinent topics with details such as CMS guidance, survey and certification updates, and quality reporting update including the FY2018 Hospice Wage Index Final Rule.

Concurrent Session 1:00 - 2:00 p.m.

Simone Brock, MA, MEd, CFSP - "Grieving Appropriately": Ms. Brock will discuss the meaning of "grieving appropriately", factors in grief and risk assessment, and different types of grief.

Sarah Beth Harrington, MD - "Evidenced Based Medical Update": Dr. Harrington will describe recent studies in hospice and palliative care literature as well as practical applications of research results.

E. Ryan Pritchard, PharmD - "Delirium in Palliative Care: A Review of Drug Therapy": Ms. Pritchard will define delirium including: epidemiology, types and proposed pathophysiology. She will review current guidelines for delirium in palliative care and ICU setting. Pritchard will share risk factors associated with the development of delirium in palliative care patients. She will also compare delirium screening and detection tools.

Concurrent Session 2:15—3:15 p.m.

Tim Boling, PhD - "Mindfulness": Dr. Boling will present two sets of skills related to mindfulness and engaged participants with role play and examples of complicated or difficulty cases for patients learning mindfulness.

Michael Thames, PharmD - "Opioid Epidemic: Information for the Healthcare Provider: Thames will share statistics regarding the opioid epidemic, the medications being abused, and how to recognize diversion attempts. He will discuss treating opioid overdose and basic addiction principles and how to destroy medications appropriately.

Juan Lombeida, MD - "I Ordered a Urine Drug Screen, Now What?"

Concurrent Session 3:30 - 4:30 p.m.

Clark Smith, MD - "Dignity Therapy in Palliative Care": Dr. Smith will share Empirical research, and recent studies. He will also review the Dignity Model and Dignity Therapy and how to implement and introduce.

Sara Peeples, MD - "Perinatal Hospice": Dr. Peeples will review literature to support perinatal hospice referrals, including specific cases/examples.

Sarah Beth Harrington, MD - "POLST in Arkansas": Dr. Harrington will share the history of POLST (Physician Order for Life Sustaining Treatment) and practical applications for POLST completion and implementation. (POLST became law in Arkansas in August 2017.)

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**HOSPICE & PALLIATIVE CARE
ASSOCIATION OF ARKANSAS**
advancing the promise of care



UNIVERSITY OF ARKANSAS
FOR MEDICAL SCIENCES



“Partners in Care”

October 18, 19 & 20, 2017 \ Embassy Suites Hotel - Little Rock, AR
Conference Registration

Online registration with payment by credit card available (www.hpcaa.org)

Pre-Registration and payment must be received by October 6, 2017

Please complete a separate registration for each attendee; one check/payment is permitted for multiple registrations. Name and contact information will be used for HPCAA mailings/contacts/name badges.

Name: _____ Discipline/Credentials: _____

Title: _____ Agency: _____

Arkansas Counties Individual Serves: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Email (required for confirmation): _____

Registration fee includes light breakfast, lunch, conference materials, and approved continuing education credits

NOTE: Rate for onsite registration will increase by \$25 per category

Please check appropriate category:

Preconference Day

October 18

One Day: \$100

Main Conference / October 19 & 20

Out of state registrants who are members of their state hospice association (in good standing) are eligible for HPCAA member rates at this year's conference! (Membership will be verified)

HPCAA Member / UAMS or CAVHS Employee (list department)

One Day: \$150 Day Attending: _____

Two Days: \$225

Non - HPCAA Member / Non- UAMS or CAVHS Employee

One Day: \$250 Day Attending: _____

Two Days: \$325

Student/Volunteer/House Staff

One Day: \$40 Day Attending: _____

Two Days: \$65

Check in the amount of \$_____ is enclosed. (Payable to HPCAA, 411 S. Victory St., Ste 205, Little Rock, AR 72201)

Charge my credit card the amount of \$_____

Name as Printed on Card: _____

Card # _____ Expiration _____ Security Code _____

Billing Zip Code: _____ Card Holder Signature: _____

Registrations paying by credit card may be entered online, mailed or faxed to HPCAA at 501-375-1375