

#hpcaa2019

# 2019 HOSPICE & PALLIATIVE CARE CONFERENCE

JOINTLY PROVIDED BY:

Hospice & Palliative Care Association of Arkansas  
University of Arkansas for Medical Sciences



Pre-Conference - October 14  
Conference - October 15 & 16

Hot Springs Convention Center  
Hot Springs, Arkansas



## CONFERENCE DETAILS

### CONFERENCE LOCATION

We are excited to return to the beautiful Hot Springs Convention Center in Hot Springs, AR. This wonderful historic downtown location is in the heart of fabulous restaurants, coffee shops, shopping and much more!

### HOTEL RESERVATIONS

A special room rate is available for attendees at the downtown Hot Springs Hotel (connected to the Convention Center). Call (877) 623-6697 and reference the "Hospice & Palliative Care Association of AR" **or** access online by using booking code **HPCAA19**. Visit the HPCAA website/education page for a [link to the online page](#). Reservations can always be cancelled (follow hotel guidelines); don't wait and miss the special conference rate.

### ASSISTANCE

Special Needs: We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid or service as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by September 1, 2019.

### DIETARY RESTRICTIONS

HPCAA is able to offer a "vegetarian" lunch option for registrants who indicate this choice on their registration form submitted by October 1. No other dietary restrictions options will be offered.

### EDUCATION MATERIALS/HANDOUTS

Handouts submitted by presenters will be made available to attendees for printing no later than October 8, 2019. **Handouts will not be distributed at the conference**; they will be available through the conference mobile app!

### EXHIBITORS

A variety of up-to-date products and services will be on display by exhibitors. We will also have vendor booths with products for sale (purses, jewelry, etc.). Open from 8:00 - 3:00 on Tuesday & Wednesday. **Don't miss out!**

### HPCAA CANCELLATION/SUBSTITUTION POLICY

Substitutions are permitted and should be reported to HPCAA prior to the conference if possible or during registration if not known in advance. **Refunds will not be issued for cancellations or failure to attend.** Please see the HPCAA website for our Professional Education Program Policy for Cancellations & Complaints.

### AFTERNOON SESSION SEATING

Afternoon breakout sessions are open to all registrants as an "open seating" first-come basis. Sessions have limited seating as predetermined by hotel and local fire code and cannot be altered. Arrive early to ensure seating.

### PHOTOS

Registration implies consent for HPCAA and/or UAMS to use photos taken of attendees during the conference on their websites, social media sites/posts, newsletters, etc.

### CONFERENCE MOBILE APP!

We will again feature a mobile application that attendees should download prior to the conference to access program schedule, speaker information and handouts, exhibitor information, and much more!!

### SOCIAL MEDIA!

Please "like" the HPCAA Instagram and Facebook pages! During the event we will post pictures and you can too! Use hashtag **#hpcAA2019!!**



## ABOUT THE CONFERENCE

**THE PURPOSE OF THE CONFERENCE** is to share evidence based information in pain & symptom management and end of life care, along with communication tools to better care for patients with serious illness. At the conclusion of this activity, the participant will be able to:

- Develop practical strategies for introducing discussions of a patient's end of life care plan.
- Develop practical techniques to improve advance care planning.
- Acknowledge updates in quality, regulator and compliance areas of hospice.
- Manage the physical, psychological, and social causes of distress in life limited patients and their families.
- Increase knowledge of drug classifications/medications.
- Increase knowledge of symptom management for the seriously ill.

**TARGET AUDIENCE** is Physicians, Physician Assistants, Pharmacists, Nurse Practitioners, Nurses, Nursing Home Administrators, Social Workers, Chaplains and other healthcare professionals interested in hospice, palliative care and/or issues related to serious illness.



## CONTINUING EDUCATION CREDITS

### AMA DESIGNATION STATEMENT

The University of Arkansas for Medical Sciences designates this live activity for a maximum of **18.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ANCC DESIGNATION STATEMENT

The University of Arkansas for Medical Sciences designates this live activity for a maximum of **18.5 ANCC contact hours**. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation materials.

### ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and Hospice & Palliative Care Association of Arkansas. University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### NURSING HOME ADMINISTRATOR / ADHS DIVISION OF MEDICAL SERVICES OFFICE OF LONG TERM CARE APPROVAL ID# AR

Pending

### SOCIAL WORK

The Arkansas Social Work Licensing Board does not pre-approve social work continuing education. It is the licensee's responsibility, using his/her professional judgment, to determine the workshops that are applicable and appropriate to his/her professional development as a social worker. Visit the Arkansas Social Work Licensing Board website for more information.

**Roseanne Berry, MSN, RN**  
*Partner/Consultant*  
R & C Healthcare Solutions

**Jamie Boshears, CT, GC-C**  
*Bereavement Specialist*  
Arkansas Hospice, Inc.

**Simone Brock, FT, GC-C, CFSP**  
*Bereavement Specialist*  
Arkansas Hospice, Inc.

**Carrie Calhoon, LCSW**  
*Social Worker*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine

**Jody Carter**  
*Emergency Preparedness Coordinator*  
Baptist Health

**Kimberly Curseen, MD**  
*Director of Outpatient  
Supportive Care*  
Emory School of Medicine

**James Fletcher, MD**  
*Associate Professor of Medicine*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine

**Masil George, MD**  
*Associate Professor of Medicine  
Dept. of Geriatrics*  
University of Arkansas for  
Medical Sciences  
*Medical Director*  
Baptist Health Hospice

**Dianne Gray**  
*President*  
Hospice & Healthcare  
Communications

**Laura Guidry-Grimes, PhD**  
*Assistant Professor/Clinical Ethicist*  
University of Arkansas for Medical  
Sciences

**Sarah Beth Harrington, MD**  
*Associate Professor of Medicine*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine  
*Chief, Palliative Care*  
Central Arkansas Veterans  
Healthcare System

**Carrie Hyde, MD**  
*Associate Professor of Medicine*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine

**Brian Jones, DHSc**  
*President, CEO*  
SHARE Foundation

**Dale Larson, PhD**  
*Professor, Department of  
Counseling Psychology*  
Santa Clara University

**Leigh Maddison, LCSW**  
*Social Worker*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine

**Jenifer McLelland, RN, CHPN**  
*Executive Director*  
Life Touch Hospice

**Heather Moore, MD**  
*Associate Professor of Medicine*  
UAMS Department of Internal Medicine  
Division of Palliative Medicine  
*Staff Physician*  
Central Arkansas Veterans  
Healthcare System  
Palliative Care Section

**Alvin "Woody" Moss, MD, FACP,  
FAAHPM**  
*Director/Professor of Medicine*  
Robert C. Byrd Health Sciences Center  
West Virginia University

**Jeff Pace, RN**  
*Hospital Clinical Coordinator*  
ARORA

**Abby Ramseyer, DO**  
*Maternal Fetal Medicine Fellow*  
University of Arkansas for  
Medical Sciences  
Department of OB/GYN

**Jennifer Shuler, APRN**  
Arkansas Department of Human Services  
Substance Abuse Treatment Services  
Nurse Practitioner/Co-State Opioid  
Treatment Authority

**Kenneth Morgan Sauer, MD**  
*Director of Supportive Care*  
Baptist Health North Little Rock

**Dianne Swaim, MDiv**  
*Chaplain*  
Central Arkansas Veterans  
Healthcare System

**Jamie Watson, PhD**  
*Assistant Professor / Clinical Ethicist*  
University of Arkansas for  
Medical Scientist  
Arkansas Children's Hospital

**Shari Wells, APRN, ACHPN**  
*Hospice & Palliative Care  
Nurse Practitioner*  
Unity Health

**Jennifer Wilson, Psy.D**  
Licensed Clinical Psychologist  
Palliative Care & Hospice  
Central Arkansas Veterans Healthcare  
System

**Neal Wyatt, DO**  
*Palliative Medicine Physician  
Supportive Care*  
Unity Health  
*Medical Director*  
Arkansas Hospice, Inc.

## **HPCAA EDUCATION/ PLANNING COMMITTEE**

**Lisa Vaden**  
*HPCAA Executive Director*

**Cassie Crofford, RN**

**Lynn Dees, APRN**

**Tom Edwards, Chaplain**

**Sarah E. Harrington, MD**

**Diane Morgan, MSN, BSN, APN,  
GCNS-BC, ACHPN**

**Kay Kirk, RN, BSN, CHPN**

**Deanna May, RN, CHPN**

**Justin "Cole" Richard, RN**

**MONDAY, OCTOBER 14**  
Pre-Conference Day

8:30 am – 9:00 am	Sign-In & Onsite Registration
<b>Track 1: Symptom Management</b>	
9:00 am – 10:30 am	Sarah Beth Harrington, MD - <i>Opioids: Review of Long and Short Acting Prescribing</i>
10:45 am – 11:15 am	Sarah Beth Harrington, MD - <i>Opioid Practice Problems/Workshop</i>
11:15 am – 12:15 pm	James Fletcher, MD - <i>Constipation: Old Tricks Meet New Therapies</i>
12:15 pm – 1:30 pm	Lunch
12:45 pm – 1:30 pm	Office Hours: Questions for the Presenters
1:30 pm – 3:00 pm	Shari Wells, APRN - <i>Dyspnea &amp; CPAP Use at End of Life</i>
3:15 pm – 4:15 pm	Heather Moore, MD - <i>Agitation at End of Life</i>
<b>Track 2: Hospice Regulatory</b>	
9:00 am – 10:30 am	Roseanne Berry, MSN, RN - <i>Hospice Eligibility: The Paths</i>
10:45 am – 12:15 pm	Roseanne Berry, MSN, RN - <i>Improving Quality by Using HQRP</i>
12:15 pm – 1:30 pm	Lunch
12:45 pm – 1:30 pm	Office Hours: Questions for the Presenter
1:30 pm – 3:00 pm	Roseanne Berry, MSN, RN - <i>Understanding &amp; Managing Live Discharges</i>
3:15 pm – 4:15 pm	Mr. Jody Carter - <i>Emergency Preparedness</i>

**TUESDAY, OCTOBER 15**  
Plenary & Concurrent Sessions

7:45 am – 8:30 am	Sign-In & Onsite Registration
8:30 am	<b>Plenary Session:</b> Lisa Vaden, HPCAA Executive Director - <i>Welcome and Conference Overview</i>
8:35 am – 10:00 am	<b>Plenary Session:</b> Dianne Gray - <i>Talking About Death is Talking About Life</i>
10:00 am – 10:15 am	Stretch Your Legs Break
10:15 am – 11:45 am	<b>Plenary Session:</b> Kimberly Curseen, MD - <i>Hospice &amp; Medical Marijuana</i>
11:45 am – 12:45 pm	Lunch & Heart Awards Presentation
1:00 pm – 2:30 pm	<b>Concurrent Sessions:</b> Morgan Sauer, MD & Jennifer Davis, RN - <i>Hospice 201: Care Planning &amp; Documenting</i> Jamie Watson, PhD & Laura Guidry-Grimes, PhD - <i>Ethical Insights for Addressing Conflict Between Families and the Medical Team</i> (Ethics) Jeff Pace, RN - <i>ARORA Organ Donation</i>
2:30 pm – 3:00 pm	Break in Exhibitor Hall
3:00 pm – 4:30 pm	<b>Concurrent Sessions:</b> Neal Wyatt, DO - <i>Decision Making Capacity</i> (Ethics) Simone Brock, FT, GC-C, CFSP & Jamie Boshears, CT, GC-C - <i>Cake &amp; a Side of Death; Hosting a Death Cafe</i> Leigh Maddison, LCSW & Carrie Calhoun, LCSW - <i>Talking About Advance Care Planning</i> (Ethics)



**WEDNESDAY, OCTOBER 16**  
**Plenary & Concurrent Sessions**

7:45 am - 8:30 am	Sign-In & Onsite Registration
8:30 am	<b>Plenary Session:</b> Lisa Vaden, HPCAA Executive Director - <i>Welcome and Conference Overview</i>
8:35 am - 10:00 am	<b>Plenary Session:</b> Dale Larson, PhD - <i>The Helper's Journey: Empathy, Compassion and the Challenge of Caring</i>
10:00 am - 10:15 am	Stretch Your Legs Break
10:15 am - 11:45 am	<b>Plenary Session:</b> Alvin "Woody" Moss, MD, FACP, FAAHPM - <i>Advance Care Planning: The Next Generation</i>
11:45 am - 12:45 pm	Lunch - Hotel Hot Springs Ballroom
1:00 pm - 2:30 pm	<b>Concurrent Sessions:</b> Masil George, MD - <i>Palliative Care &amp; Hospice in ALFs</i> Jenifer McLelland, RN & Brian Jones, DHSc - <i>The Art of Marketing Through the Social Work &amp; Chaplain Lens</i> Carrie Hyde, MD - <i>I Wish, Wonder, Worry...Responses for Difficult Conversations</i>
2:30 pm - 3:00 pm	Break in Exhibitor Hall
3:00 pm - 4:30 pm	<b>Concurrent Sessions:</b> Jennifer Shuler - <i>Arkansas' Opioid Epidemic</i> Abby Ramsayer, DO - <i>When Birth &amp; Death Intersect</i> Dianne Swaim, MDiv & Jennifer Wilson, Psy.D - <i>My Soul Hurts: Moral Injury</i>

